

DATE 07/06/09 DAY Monday TIME 7:53 am

The intention of this journaling practice is to explore the positive aspects of:

My Mom

1. She is very forgiving.
2. She looks much younger than she actually is.
3. She contributes to Public Television and NPR.
4. She always has plenty of love, food and time for me.
5. She cares very deeply for the less fortunate.
6. She is devoted to her faith.
7. Her friends and family love her very much.
8. She takes great pictures.

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