

DATE 05/04/09 DAY Thursday TIME 7:50 am

I am journaling today to cultivate habits of thought that will make me a magnet for money.

What do I like about myself, my life and the people in it today?

1. I like that my customers appreciate me.
2. I am actually excited to go to the gym today.
3. I love the neighborhood I get to live in.
4. I like that I have a new cell phone today.

Where did I recently notice things coming easily to me?

1. I got a new client from a referral this week.
2. A meeting that I was not ready for was postponed, giving me time to prepare.
3. I used a coupon, hit a sale, and got a great deal on a new laptop.
4. A new client I had been meaning to contact called me and said let's get started.

What do I appreciate about my financial health and well-being today?

1. I love how comfortable and cozy my home is.
2. I have a business that has significant growth potential.
3. I can afford the best cup of coffee in town.
4. I treasure a diamond necklace that was passed down to me.

Where did I recently notice myself or others happily exchanging money for things we want?

1. At the car wash - people love paying to see their cars get sparkly clean.
2. One of my clients happily and gratefully paying my bill.
3. Braves fans buying season tickets.
4. Buying Silk French vanilla Creamer for my morning coffee.

Now go talk to at least one person about what you discovered today!